

FALL 2019

ZUMBA FOR KIDS!

Ages 4-10

The crazy-cool dance-fitness workout for kids set to hip-hop, salsa, raggaeton and more great music! Kids love to crank up the music, shake, wiggle and have a blast with their friends. So why not get fit while they're at it? We incorporate dance, games and interaction among kids. It's about making fitness a natural part of their lives -- not just a class they attend. Developing a healthy lifestyle includes: leadership, respect, team work, pride, confidence, responsibility, as well as developing coordination, balance, discipline, memory, and creativity.

MIN/MAX: 5/10

Instructor: Jessica Hunt

Location: Community Activity Center



ZUMBA JR.

Ages 4-7

Day: Tuesdays

Time: 4:45-5:30pm

Date: 9/3-10/8 **Activity #** 254001-11

Date: 10/15-11/19 **Activity #** 254001-12

Fee: \$40

ZUMBA KIDS

Ages 8-10

Day: Thursdays

Time: 4:45-5:30pm

Date: 9/5-10/10 **Activity #** 254002-11

Date: 10/17-11/21 **Activity #** 254002-12

Fee: \$40

Please visit NormalParks.org for more information.

Phone (309) 454-9540 • **Fax** (309) 454-9701 • 100 E. Phoenix Ave., Normal, IL 61761



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Recreation
Department