

WINTER/SPRING 2019

JEFF ELLIS & ASSOCIATES LIFEGUARD TRAINING PROGRAM

Ages 15+

On the cutting edge of aquatic safety, Ellis & Associates offer the most comprehensive lifeguard program available. Participants will learn the water rescue, CPR, AED, and First Aid skills required to be a lifeguard. Potential lifeguards for the summer may be selected from these classes. Although 15-year-olds may take this course, they will not be eligible for employment as a lifeguard with Normal Parks and Recreation.

Participants must pass a swimming/skills test on the first day to continue in the class. Participants must be able to swim 200 yards (8 lengths) continuously, tread water for one minute (without using their hands) and retrieve a diving brick (approximately 10 lbs.) from the bottom of the 12 foot pool. An online e-learning course must be fully completed by the participant before the first day of class.

Participants must provide their personal email address upon registration and will receive an email invitation with log-in instructions for the e-learning approximately 3-4 weeks before their class date. It will not be sent automatically upon registration.

NOTE: This lifeguard class is for certification purpose only. Passing this class does not guarantee a position at any aquatic facility.

THESE ARE THE ONLY CLASSES OFFERED BEFORE THE SUMMER 2019 SEASON BEGINS

Location: Normal Community High School Pool & Community Activity Center

| 2019 ILTP NEW LIFEGUARD CERTIFICATION CLASSES: | Class # | Day | Time | Dates | Fee* | Activity # |
|--|----------|---------|--|-----------|-------|------------|
| | Class #1 | F/SA/SU | Friday 6:00-9:00pm Saturday 9:00am-6:00pm Sunday 9:00am-6:00pm | 3/15-3/17 | \$145 | 301030-11 |
| | Class #2 | F/SA/SU | Friday 6:00-9:00pm Saturday 9:00am-6:00pm Sunday 9:00am-6:00pm | 3/22-3/24 | \$145 | 301030-21 |
| | Class #3 | F/SA/SU | Friday 6:00-9:00pm Saturday 9:00am-6:00pm Sunday 9:00am-6:00pm | 3/29-3/31 | \$145 | 301030-31 |
| | Class #4 | F/SA/SU | Friday 6:00-9:00pm Saturday 9:00am-6:00pm Sunday 9:00am-6:00pm | 4/5-4/7 | \$145 | 301030-32 |
| 2019 ILTP LIFEGUARD RECERTIFICATION CLASSES: | Class # | Day | Time | Dates | Fee | Activity # |
| | Class #1 | SA | Saturday 9:00am-6:00pm | March 30 | \$90 | 3010311-11 |
| | Class #2 | SA | Saturday 9:00am-6:00pm | April 6 | \$90 | 3010311-21 |
| | Class #3 | SA | Saturday 9:00am-6:00pm | April 13 | \$90 | 3010311-31 |
| | Class #4 | SU | Saturday 9:00am-6:00pm | April 14 | \$90 | 3010311-41 |

*Participants who are hired as a lifeguard by NPRD may be eligible for reimbursement up to full cost of the class.

Conditions for reimbursement apply. Contact the Aquatics Supervisor for more information.

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