

WINTER/SPRING 2020

ZUMBA FOR KIDS!



Ages 4-12

The crazy-cool dance-fitness workout for kids set to hip-hop, salsa, reggaeton and more great music! Kids love to crank up the music, shake, wiggle and have a blast with their friends. So why not get fit while they're at it? We incorporate dance, games and interaction among kids. It's about making fitness a natural part of their lives -- not just a class they attend. Developing a healthy lifestyle includes: leadership, respect, team work, pride, confidence, responsibility, as well as developing coordination, balance, discipline, memory, and creativity.

MIN/MAX: 5/10

No Class March 24 & 26

Location: Community Activity Center

Instructor: Jessica Hunt

ZUMBA JR.

Ages 4-7

Day: Tuesdays

Time: 4:45-5:30pm

Date: 1/14-2/18

Date: 2/25-4/7

Fee: \$45

Activity # 354001-13

Activity # 354001-14

ZUMBA KIDS

Ages 8-12

Day: Thursdays

Time: 4:45-5:30pm

Date: 1/16-2/20

Date: 2/27-4/9

Fee: \$45

Activity # 354002-13

Activity # 354002-14

Please visit NormalParks.org for more information.

Phone (309) 454-9540 • **Fax** (309) 454-9701 • 100 E. Phoenix Ave., Normal, IL 61761



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Parks and
Recreation
Department