

FALL 2019

LITTLE IRON WRESTLING



Grades K-5

This program is designed to teach the fundamental skills of wrestling. Your child will learn techniques in all three wrestling positions through a variety of games, activities, and drilling. No special equipment needed, children should dress in a t-shirt and shorts. T-shirts will be given out at the end of the first practice. No prior experience is needed.

MIN/MAX: 10/25

No Class October 31

Location: Normal Community High School, Multi-Purpose Room

Grades	Day	Time	Date	Fee	Activity #
K-5	T & TH	6:00-6:45pm	10/22-11/19	\$53	233300-11

Please visit NormalParks.org for more information.

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