

WINTER/SPRING 2021

Adult Ballet

Ages 18+

Adult ballet introduces ballet principles while building strength, flexibility, and coordination. This class is designed specifically for all experience levels of adults, whether this is the first time you have taken a ballet class, or you are looking to get back into moving. This is an inclusive environment, and everyone is welcome. Ballet shoes are required. **MIN/MAX:** 4/8

No Class March 11

Location: Community Activity Center



Photos were taken pre-COVID

Day	Time	Dates	Fee	Activity #
TH	5:30-6:30pm	1/21-4/15	\$70	341606-11

Please visit NormalParks.org for more information.

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